



POW-WOW Drumming and Dancing Workshop

penaho ne naniha lauren
nabahe ne kwinawetün
newe diné mono, ne
noompai nyet de san dykne
sun aka aeshuN

Hello, My name is Lauren
Nabahe. I am Paiute-
Shoshone
Navajo and Mono. I come
from Owens Valley Lone
Pine California.



Aaniin! Mikinaak Wajiw
Anishinaabekwe dago
Nakoda indoonjii Waabi-
Makwa. Maya
indizhinikaaz

Hello! I am Turtle
Mountain Ojibwe and
Nakota of White Bear
First Nation. My name is
Maya Rodriguez Peltier.



Powwow: a celebration of Native Culture in which people from diverse indigenous nations gather for the purpose of dancing, singing, and honoring the traditions of their ancestors.

The term *powwow*, derives from Pau Wau meaning **Medicine man** in Narrtck. A language from the Algonquian Nation in Massachusetts.



English settlers began misusing the word Pow-Wow to refer to the meetings of Indigenous medicine men, and later to any kind of American Indian gathering.

Native Americans
have since
reclaimed the
term.



The modern-day Powwow evolved from the Grass Dance Societies that formed in the early 19th Century.

The Grass Dance Societies were an opportunity for the warriors to re-enact deeds for all the members of the Tribe to witness.



Many Native
ceremonies
and customs
were outlawed
until the
American
Indian
Religious
Freedom Act
of 1978



Common Main components of a modern day Pow-Wow

- ❖ MC (Master of Ceremonies)
- ❖ Arena Director
- ❖ Host drum
- ❖ Grand Entry
- ❖ Flag song
- ❖ Victory song
- ❖ Prayer or Invocation
- ❖ Introductions
- ❖ Intertribals



Common Main components of a modern day Pow-Wow

- ❖ Specials
- ❖ Royalty
- ❖ Flag Bearers
- ❖ Head Dancers
- ❖ Giveaways
- ❖ Competition



Common Main components of a modern day Pow-Wow

❖ Dance Categories

- Men's Fancy
- Men's Grass
- Men's Traditional
- Women's Jingle
- Women's Fancy
- Women's Traditional

❖ Dance age groups

- Tiny tots
- Jr boys & Girls
- Teen boys & Girls
- Adult Men & Women
- Golden age Men & Women



Pow-Wow Etiquette

- ❖ Stand for Grand Entry
- ❖ Stand for Golden Age
- ❖ Stand for Honor Songs
- ❖ Stand for Prayer of Invocation
 - ❖ Stand for Veteran's
- ❖ Hats off for Invocations and Flag song



Pow-Wow Etiquette

- ❖ Ask permission to take pictures
- ❖ You can decide if you want pics taken of you
- ❖ Please never touch anyone else's regalia
- ❖ When in doubt, politely ask or follow the nearest elder



Pow-Wow Etiquette — For Dancers

- ❖ Be on time!
- ❖ Secure your Regalia
- ❖ Take Good care of your Regalia
- ❖ Shake hands after dancing
- ❖ Wait to be excused for Grand entries



Pow-Wow
Etiquette – For
Dancers.

- ❖ Dance out the flags
- ❖ Traditionally you remain in your Regalia from start to finish
- ❖ Shake Hands with Host Drum



The BEST
thing
about
Pow-Wow
is the
community



BREAK

**WE WILL COME
BACK TOGETHER**

IN 5 MINS ☺

<https://www.youtube.com/live/3EphAb2oYpY?si=xmcP8Vg8OcjO0UIF>



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GAME TIME

Two teams, first to hit the button gets to answer first.

Must wait for Lauren to read the entire question and **say go** before you can push the button. If a team gets the answer wrong the question goes to the other team.





What does an ARENA
DIRECTOR do?

A photograph of Native American dancers in traditional regalia performing a dance in a grassy field. The dancers are wearing large, elaborate feathered headdresses and colorful, patterned tunics. They are captured in motion, with their arms and legs extended. In the background, a crowd of spectators is seated on the grass, watching the performance. The sky is clear and blue.

When Golden age
dancers are dancing,
what should you be
doing?



Can anyone dance during
Intertribals?



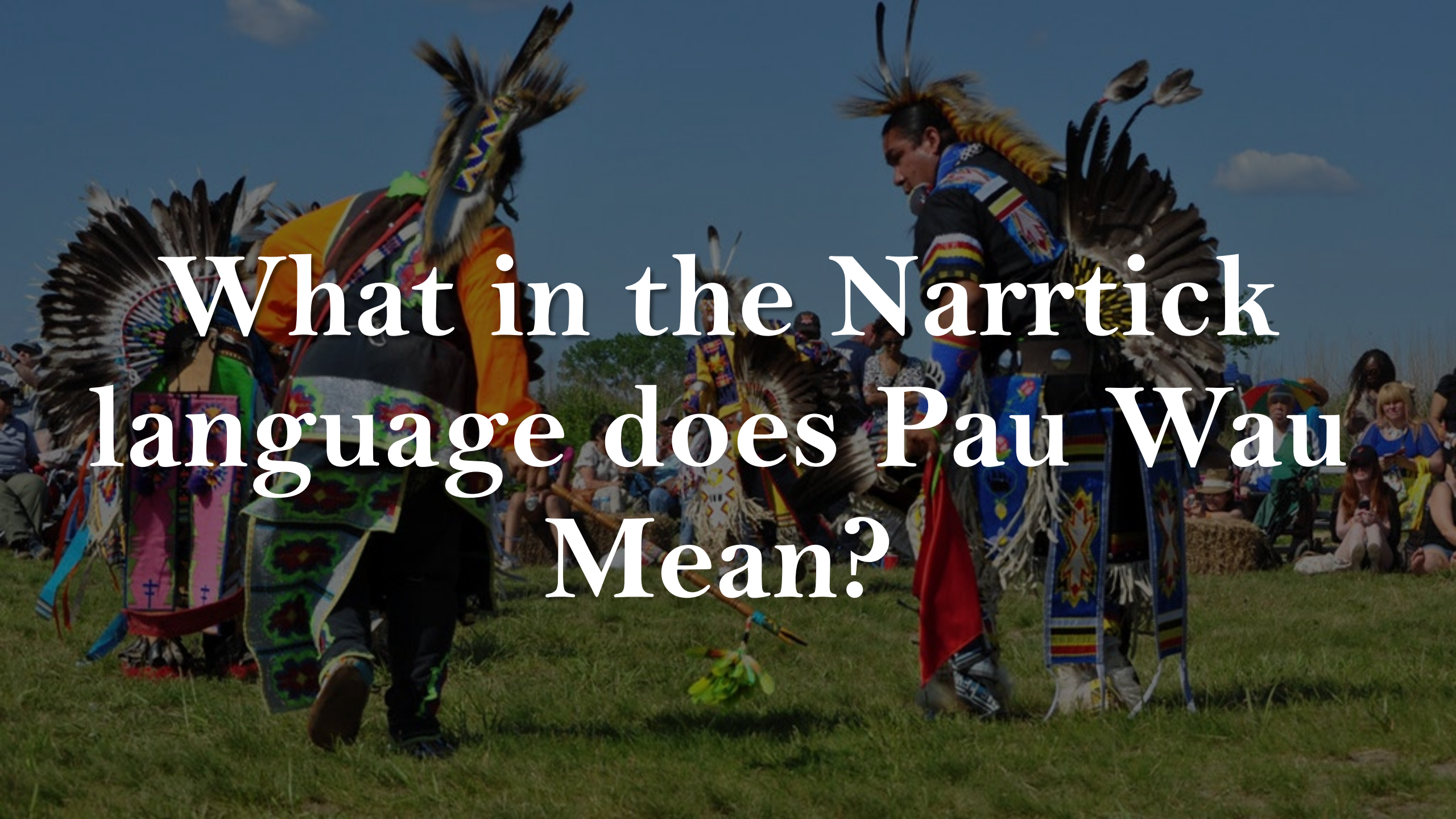
What is Tiny Tots?



Is anyone welcome to
attend a Pow-Wow?



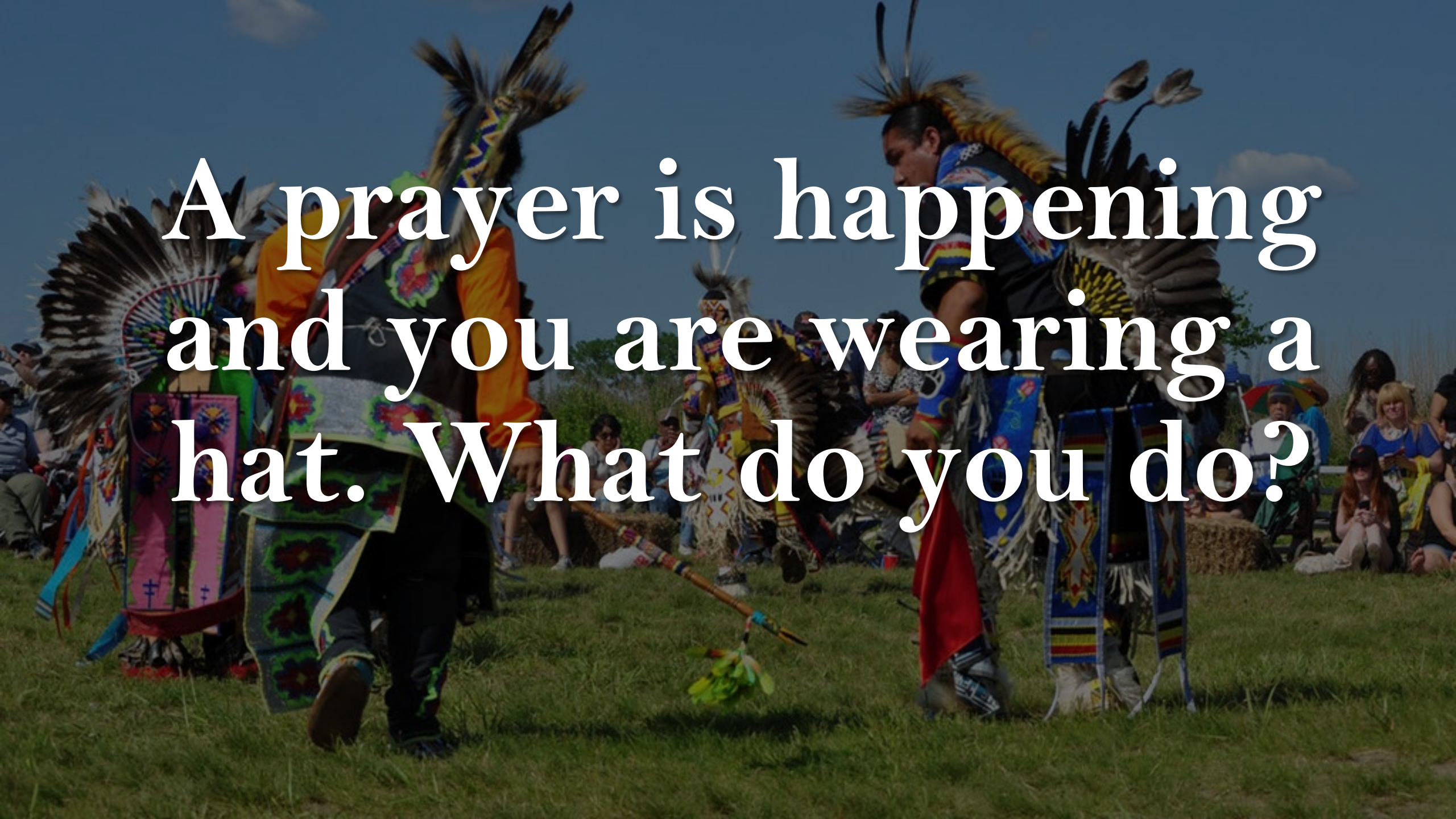
What does the MC do?



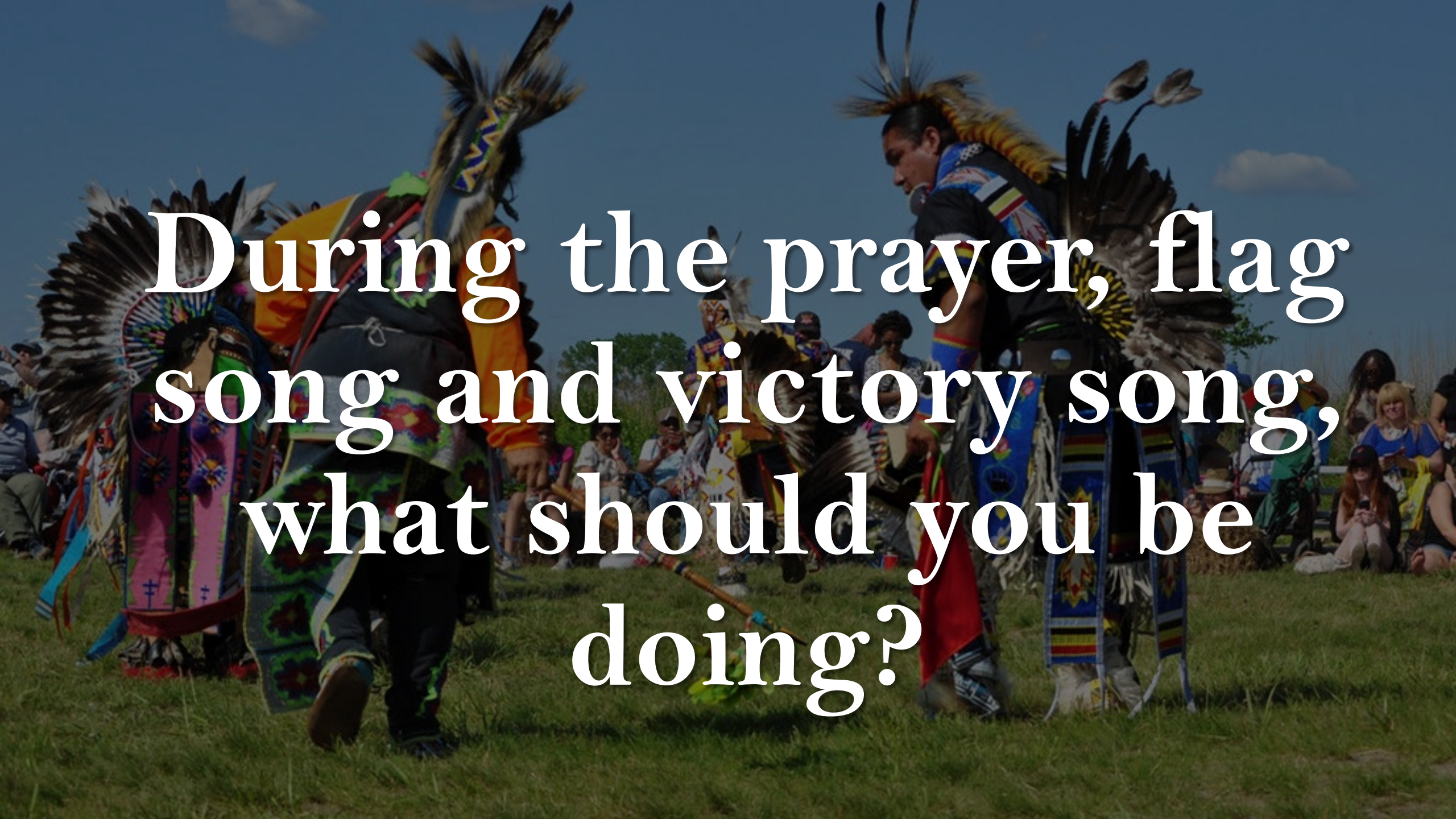
What in the Narrtick
language does Pau Wau
Mean?



What is Grand Entry?



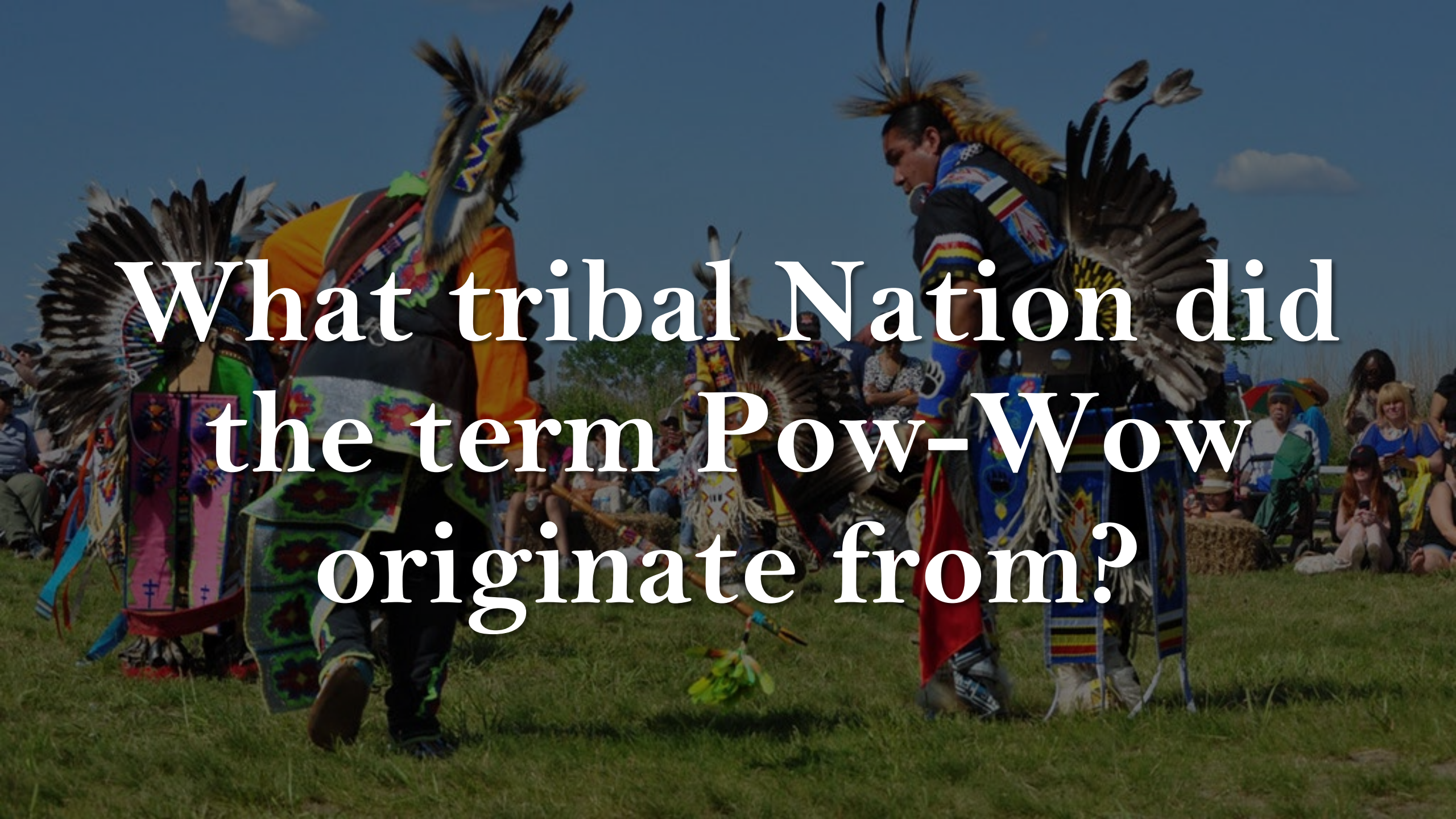
A prayer is happening
and you are wearing a
hat. What do you do?



During the prayer, flag
song and victory song,
what should you be
doing?



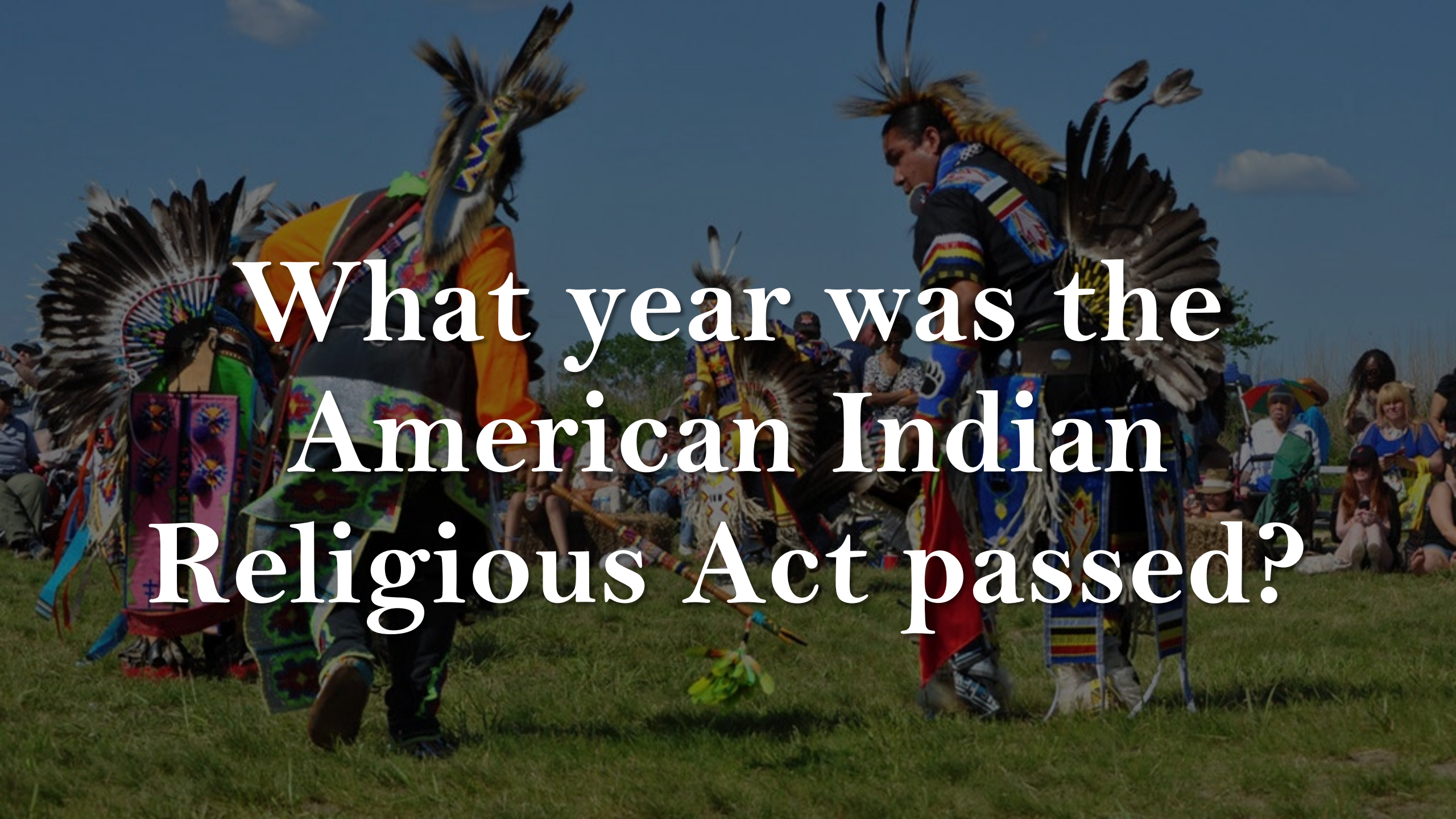
What is a Pow-Wow?



What tribal Nation did
the term Pow-Wow
originate from?



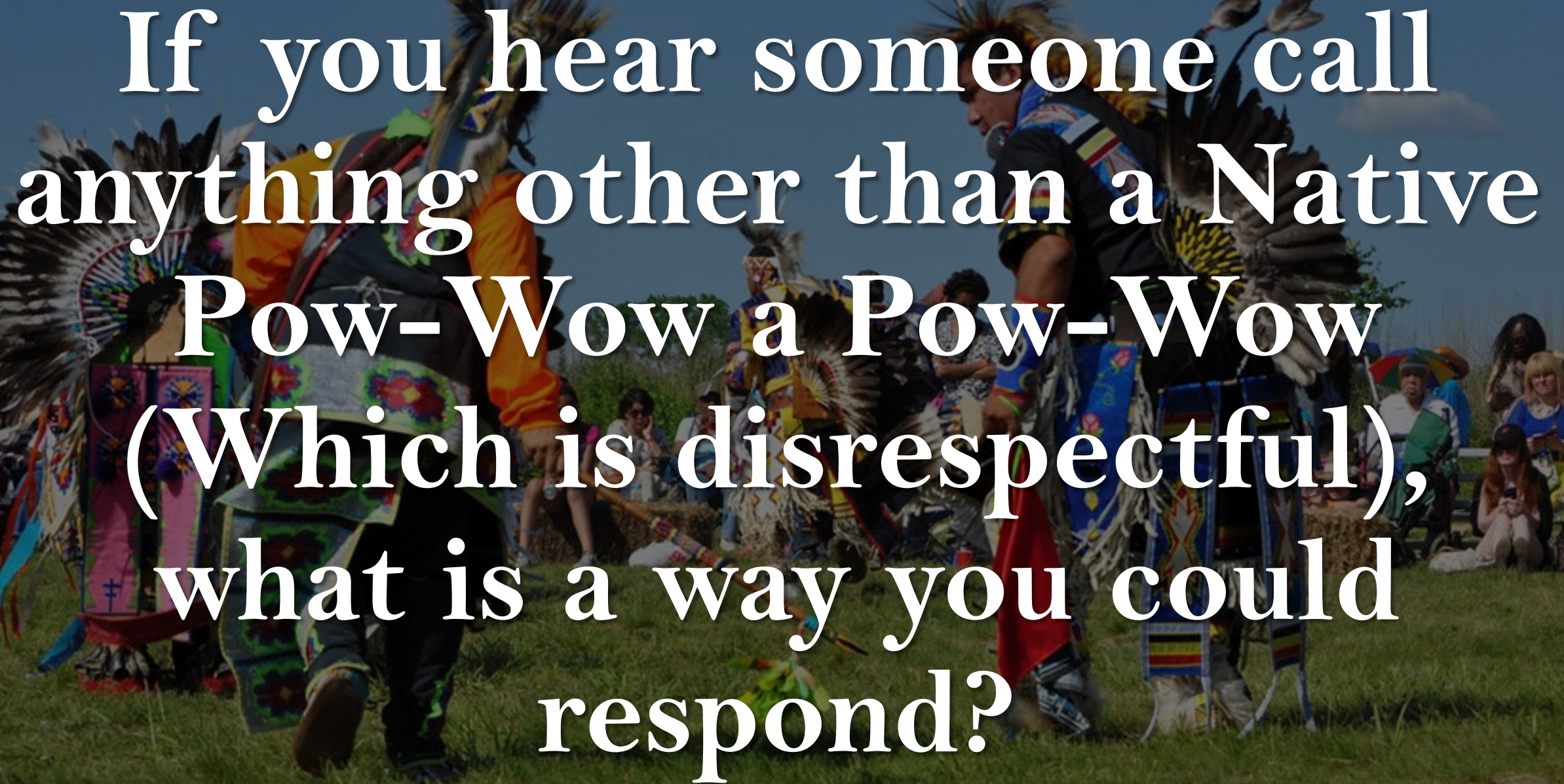
What does Inter-Tribal
mean?



What year was the
American Indian
Religious Act passed?



What does the American
Indian Religious Act of
1978 protect?

A photograph of a Native American Pow-Wow ceremony. Several dancers in traditional regalia, including large feathered headdresses and colorful skirts, are performing in a grassy field. A crowd of spectators is visible in the background. The image is overlaid with a semi-transparent dark blue rectangle containing white text.

If you hear someone call
anything other than a Native
Pow-Wow a Pow-Wow
(Which is disrespectful),
what is a way you could
respond?



Grass Dance – A Dance of Ceremony



Grass Dance – Straight and Crow Hop



Jingle Dress Dance

—

A Dance of Healing



Originated from
the Ojibwe
Tribe

–

Straight and
Sidestep



Fancy Bustle
–
Honoring the
Warriors



Fancy Bustle
–
Straight, Trick
and Crow hop



Fancy Shawl

—

A dance of
renewal and
celebration of
change. The
Butterfly dance



Fancy Shawl – Straight and Crow Hop



Men's
Traditional
–
Honoring the
Ancestors and
Telling our
Stories



Men's Traditional – Straight and Crow Hop



Women's
Traditional
—
Honoring the
ancestors



Women's Traditional - Straight and Crow Hop

UIATF Pow-Wow Workshop Info

This Workshop is designed to providing a space to support Native people in learning the fundamentals of Pow-wow dancing centered on the three main styles of Pow-Wow dances which include:

Men's Grass, Men's Fancy and Men's Traditional

Women's Jingle, Women's Fancy Shawl and Women's Traditional

Over the course of 23 weeks, we will guide the workshop to explore Pow-wow Music, The meaning behind Pow-Wow/dances, the symbolism, the history, the significance, the music, main aspects of Pow-Wow protocol, as well as the basic Step, styles of dancing within the categories and more.

The goal is to support those participating to be able to have built a strong enough foundation to then be a part of a Coming Out Ceremony. This Ceremony will be hosted in their honor during the 2025 Seafair Pow-Wow July 18 -20th to bring them out by the people officially into the Pow-Wow circle, in a good way.



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Pow-Wow Workshop Calendar