

WORKSHOP

FOR PARENTS & CAREGIVERS

5:00 PM to 7:00 PM

via Microsoft Teams

10/14 ANXIETY AND DEPRESSION 101

10/21 ACADEMIC STRESS & TECHNOLOGY USAGE

10/28 NEURODIVERSE BEHAVIORS

11/4 STRENGTHEN FAMILY STRUCTURE & SELF-CARE

Sign up Today!

No cost to attend



Contact: aikob@acrs.org

ACRS

